

ALL-INCLUSIVE FOOD & ADVENTURE TOUR

TASTE OF PERU





9 DAYS IN PERU

DESTINATIONS

Sacred Valley
Machu Picchu
Cusco
Lima

INCLUSIONS

- Boutique hotel accommodations
- 24/7 Tour Host
- All meals (except 2 dinners)
- Select alcoholic beverages
- Ground transportation
- Airport meet & greet
- Private arrival and departure transfers
- All experiences and locally-guided activities
- Taxes
- Tips for meals, drivers, guides, etc.

DAY ONE - SACRED VALLEY

A private driver will whisk you away on a beautiful, winding drive through the Andes mountains to our lodge in the Sacred Valley. After a few hours to relax and soak up the incredible scenery, we'll dive right in to Peruvian gastronomy with our friend Gabriel. Gabriel will guide us around the local market, we'll pick up some ingredients for dinner, then head back to his place for a hands-on cooking class where we'll learn to make some of Peru's most iconic dishes!

Included Meals: Dinner

DAY TWO - SACRED VALLEY

Today we start with a visit to a nearby lake to paddleboard and kayak amid the stunning Andean scenery. Next, we tour the family-owned Maras Salt Mines and learn about ancient Incan agricultural practices at the incredible Moray ruins. For lunch, we'll savor a multi-course tasting menu at Mil Centro, the restaurant of world-renowned chef Virgilio Martinez, where cuisine is crafted according to Peru's diverse altitude levels. Sit back and relax and let your taste buds be dazzled!

Included Meals: Breakfast, Lunch

DAY THREE - SACRED VALLEY, MACHU PICCHU PUEBLO

Today we'll visit a traditional mountain Andean community for a hands-on textiles workshop and experience the incredible ancestral process from start to finish. For lunch we'll feast on a traditional pachamanca at a local organic farm, and then board the train and ride 90 minutes to Machu Picchu Pueblo where we'll spend the next two nights at our beautiful hotel nestled in the cloud forest.

Included Meals: Breakfast, Lunch, Dinner

DAY FOUR - MACHU PICCHU ARCHEOLOGICAL SITE

Prepare for exquisite views and spiritual connection as we take a bus from Machu Picchu Pueblo to the Machu Picchu archeological site. There, we will have a short introduction with our guide, Cristo, and optional hikes. After a buffet lunch, we will have an in-depth tour of the site to learn about the intricate details of the ruins and to take photos. Upon our return, take advantage of the free time for a spa service at the hotel or souvenir shopping in town.

Included Meals: Breakfast, Lunch, Dinner

DAY FIVE - SACRED VALLEY, CUSCO

After breakfast, we'll board the train to return to the Sacred Valley where we'll reunite with our driver who will whisk us off to Cusco. Upon arrival, we'll dive into the city on our city walking tour. During our walk, we'll explore the heart of the ancient Inca capital, where cobblestone streets intertwine with colonial architecture. Led by our knowledgeable guide, we'll delve into the city's incredible past, learning about its vibrant people, historic plazas, and fascinating cultural landmarks along the way.

Included Meals: Breakfast, Lunch, Dinner

DAY SIX - CUSCO

We start our morning with a coffee tasting experience at a local coffee shop run by women who source some of the best beans from women farmers around Peru. Next, we'll get our hands messy in an art workshop alongside a local artist and decorate our very own Pucara Bull. We will learn about the history of the bulls and their role in local customs. For lunch, we'll feast on a delicious meal full of various local dishes. The rest of the day is yours to explore the beautiful colonial city, pop into the boutique shops, or wind down with a relaxing massage.

Included Meals: Breakfast, Lunch

DAY SEVEN - CUSCO, LIMA

Today, we say goodbye to Cusco and hop on a plane to Lima. Once we touch down, we'll spend the afternoon and early evening on a Lima food tour and taste our way around the city, stopping at various places to savor their best dishes. Get ready for a seaside pisco cocktail and fresh Peruvian flavors at sunset, traditional Peruvian dishes with a twist alongside the pre-Incan ruins of the Huaca Pucllana, and a hidden and hands-on gourmet culinary experience featuring a local chef's signature dishes. You'll have the rest of the afternoon and evening free to explore.

Included Meals: Breakfast, Lunch, Dinner

DAY EIGHT - LIMA

In the morning, we'll head to the Historic Downtown of Lima (Unesco site) and the close by Chinatown to experience the mixture of Peruvian and Chinese cultures. Our expert guide will share about the historical and cultural significance Asian cultures have played in Peru, and how they have impacted and enriched the country. After our tour, we'll return to the hotel and have a few hours of free time before heading to our farewell dinner at Maido. There, we will experience Chef Mitsuharu 'Micha' Tsumura's astounding Nikkei cuisine (a fusion of Japanese and Peruvian foods). Maido is currently listed on San Pellegrino's World's 50 Best Restaurants - this is a meal you're sure to remember!

Included Meals: Breakfast, Lunch, Dinner

DAY NINE - LIMA

Departure day begins with an optional group breakfast before saying farewell. We will coordinate a private driver and transfer to the airport in Lima (LIM) or onward if you've planned to explore more of Peru.

Included Meals: Breakfast



just a few highlights of

TRIP EXPERIENCES

- Machu Picchu private guided tour
- Andean Pachamanca experience
- Market tour
- Cooking class with Gabriel
- Paddleboarding & kayaking
- Moray & Maras tour
- Textiles workshop
- Cusco walking tour
- Coffee tasting
- Hands-on art workshop
- Lima food tour
- Lima Center & Chinatown tour
- Tasting menus at Mil Centro & Maido

IMAGINE...

Experiencing the real Peru that you can't find on Google - like preparing dinner with Gabriel and a textiles workshop in a remote village. No tourist versions here - you get insider access to the real local lifestyle.



WHAT'S IT LIKE TO TRAVEL WITH TTLT?

You become a friend, part of our community, and we welcome you into the homes of our friends around the world. We encourage deeper connections by exploring through our shared love of flavor, cuisine, and interactions with real people.

- **Explore Beyond Tourism** - Don't just travel - belong. You'll be introduced to our friends and you'll see the world up close and personal through the eyes of locals that reveal the hidden gems of Peru.
- **One-of-a-kind Experiences** - Appreciate the culture on a deeper level. We partner with chefs, families, artisans, and small business owners to craft trips that are anything but ordinary. Get insider access you won't find in a guide book.
- **All inclusive...yes, really!** - From the moment you land, we've got everything planned. From transit to tips - it's on us. Free yourself up for awe, wonder, excitement, and joy.

WHAT'S INCLUDED IN THE TRIP?

Leave your wallet behind and let us take care of it all. The Taste of Peru trip includes all your travel expenses except two dinners on your own. When you arrive, you can live in the moment without any worry.

*"At the beginning of the trip we thought the price was on the higher end. At the end... we thought the value was excellent. I believe we got more than our money's worth. At no time did I think I was being short changed or nickel-dimed to death. That's a good feeling."
Traveler on Heart of Italy Small Group Trip 2022*



HOW MANY PEOPLE ARE ON THE TOUR?

Our tours have just 6 - 12 travelers. This micro-group size lends itself to intimate experiences, personalized attention, and access to places that wouldn't be possible with larger groups. You'll share experiences and create memories with new friends you'll talk about for a lifetime.

WHO WILL I MEET ON THE TRIP?

Enjoy stories and history straight from the artisans, farmers, and families that call Italy home. We visit our friends - retired grandmothers, shopkeepers, chefs, and more. What makes us unique is our relationships that extend beyond tourism. With our local friends we host a handful of trips each year that give a peek into real life in Peru. Think of this trip like a 9-day dinner party with new friends.



what to do now?

HOW TO BOOK

Ready to book?

Visit [our website](#) to secure your seat at the table with a deposit and select which dates you would like to travel with us.

Have more questions?

Schedule a no-obligation [phone call](#) with a tour host to ask questions about the trip or check out our [frequently asked questions](#).

How does the 24- hour refund policy work?

We know plans change. Travelers have a 24-hour period upon paying their deposit to request a refund with full reimbursement to the original payment method.

Do I need travel protection?

YES! [Travel protection](#) is extremely important and we recommend that all travelers procure what is suitable for the risk they are willing to assume. Our preferred provider is [Travel Insured](#) which has over 25 years in the travel protection industry.

