

ALL-INCLUSIVE FOOD TOUR

HEART OF ITALY





9 DAYS IN ITALY

DESTINATIONS

Sorrento
The Amalfi Coast
Naples
Florence
Tuscan Countryside
Emilia-Romagna

INCLUSIONS

- 8 nights of accommodations in boutique hotels
- 24/7 Tour Host
- All meals (except 1 dinner)
- Wine tasting & select alcoholic beverages
- Ground transportation
- Airport meet & greet
- Private arrival and departure transfers
- All experiences and locally-guided activities
- Taxes including city taxes at hotel
- Tips for meals, drivers, guides, etc.

DAY ONE - SORRENTO

A private driver will whisk you away on a beautiful, winding drive past Mt. Vesuvius and along the Amalfi coastline. You will have a short introduction to Sorrento with a 2-hour walking tour. End the night with dinner at a private family-owned greenhouse where you'll duck off the main streets and into a quiet, hidden garden to share a meal made from locally-sourced ingredients.

Included Meals: Dinner

DAY TWO - SORRENTO

Walk through lemon groves and learn how to make local limoncello liqueur and visit a family-owned farm where you'll have lunch on the property. That evening, we'll have dinner in the Positano hilltops at Marika's home where she'll share seasonal cuisines and local flavors with ingredients picked from her own garden. The view of the coast from her outdoor dining area is unforgettable.

Included Meals: Breakfast, Lunch, Dinner

DAY THREE - CAPRI

You'll take to the sea as we venture towards the famous island of Capri. We'll learn about the town with our local guide, Domenico, a friend who was born and raised on the island. After a tour around town, we'll have the special opportunity to leave the tourist tracks and join Domenico on the back patio of his family garden, immersing yourself in the life of a local with lunch at his home. We'll return to Sorrento after lunch and you'll have the evening to explore on your own.

Included Meals: Breakfast, Lunch

DAY FOUR - NAPLES & FLORENCE

Say farewell to the coast as we depart in our private vehicle and head towards Naples, the birthplace of pizza! We'll stop for lunch and learn a bit about the origin of pizza. Then we'll board the fast train for a 2 hour 50 minute ride while watching the changing landscapes. Upon arrival in Florence, we'll orient ourselves with the city with our local guide on a walking tour through the heart of the historical center, and then feast on traditional Florentine dishes for dinner.

Included Meals: Breakfast, Lunch, Dinner

DAY FIVE - FLORENCE

You'll walk through one of the neighborhoods on the 'other' side of the Arno River. In the Oltrarno, we'll visit a variety of eateries and local artisans and taste small bites along the way as we learn about the gastronomy and craftsmanship that abound. After an afternoon on your own, we'll meet back up and peek into the life of a local for a dinner amongst friends as our host, Gloria, prepares Florentine dishes for you in her home overlooking the Duomo.

Included Meals: Breakfast, Lunch, Dinner

DAY SIX - PISTOIA

Venture outside the city of Florence to Pistoia and spend the day with Chef Alain for a cooking experience you won't forget. We'll begin our day with a stop at a café for coffee & a pastry. We'll then visit food shops where we'll pick provisions for our lunch. We'll pop into Alain's restaurant where we'll learn to make fresh pasta and traditional Tuscan dishes. During lunch, you will dine on the fruits of our labor, including a Tuscan-style pork filet. Upon returning to Florence, you'll have the evening free to do any last-minute shopping or sightseeing.

Included Meals: Breakfast, Lunch

DAY SEVEN - TUSCAN COUNTRYSIDE

Today we depart for the Tuscan Countryside. We'll arrive to a picturesque vineyard with rolling hills where we'll learn the secrets of this family-owned biodynamic winery. We'll sample a flight of wines before dining on a delicious lunch. We'll continue on to our dreamy home for 2 nights - a cozy agriturismo with only a few rooms. You'll get acquainted to the property and then enjoy an aperitivo on the veranda while watching the sunset - the best way to end another amazing day in Italy.

Included Meals: Breakfast, Lunch, Dinner

DAY EIGHT - EMILIA-ROMAGNA

Move north into the region of Emilia-Romagna and begin your day with a behind-the-scenes tour of a Parmigiano-Reggiano factory - learning everything there is to know about the precision that goes into making an 84-lb. wheel of cheese. Then you'll get an inside look at the traditional history and importance of "balsamic vinegar" to local families and the aging process. You'll have a bit of free time in the afternoon at our hotel before we gather together for our farewell dinner.

Included Meals: Breakfast, Lunch, Dinner

DAY NINE - TUSCAN COUNTRYSIDE

Departure day begins with an optional group breakfast at the hotel before saying farewell. We will coordinate a private driver and transfer to the airport in Bologna (BLQ) or Florence (FLR) or to the train station in either city on your behalf.

Included Meals: Breakfast



just a few highlights of TRIP EXPERIENCES

- Sorrento walking tour
- Capri tour & a secret garden lunch
- Limoncello tasting in a lemon grove
- Florence like-a-local food tour
- Tuscan cooking experience
- Parmigiano-Reggiano factory tour
- Family-owned vineyard and farm visit
- Pizza tasting in Naples
- Multi-course tasting menu at a Michelin star restaurant
- Meet our favorite tour guides, artisans, farmers, and families when you visit their homes and businesses

IMAGINE...

Dining in undiscovered locations you can't find on Google, like Marika's back porch on the Amalfi Coast, or Gloria's apartment overlooking the Duomo in Florence. No tourist versions here—you get insider access to the real local lifestyle.



WHAT'S IT LIKE TO TRAVEL WITH TTLT?

You become a friend, part of our community, and we welcome you into the homes of our friends around the world. We encourage deeper connections by exploring through our shared love of flavor, cuisine, and interactions with real people.

- **Explore Beyond Tourism** - Don't just travel - belong. You'll be introduced to our friends and you'll see the world up close and personal through the eyes of locals that reveal the hidden gems of Italy.
- **One-of-a-kind Experiences** - Appreciate the culture on a deeper level. We partner with chefs, families, artisans, and small business owners to craft trips that are anything but ordinary. Get insider access you won't find in a guide book.
- **All inclusive...yes, really!** - From the moment you land, we've got everything planned. From transit to tips - it's on us. Free yourself up for awe, wonder, excitement, and joy.

WHAT'S INCLUDED IN THE TRIP?

Leave your wallet behind and let us take care of it all. The Heart of Italy trip includes all your travel expenses except one dinner on your own. When you arrive you can live in the moment without any worry.

"At the beginning of the trip we thought the price was on the higher end. At the end... we thought the value was excellent. I believe we got more than our money's worth. At no time did I think I was being short changed or nickel-dimed to death. That's a good feeling." Traveler on Heart of Italy Small Group Trip 2022



HOW MANY PEOPLE ARE ON THE TOUR?

Our tours have just 6 - 12 travelers. This micro-group size lends itself to intimate experiences, personalized attention, and access to places that wouldn't be possible with larger groups. You'll share experiences and create memories with new friends you'll talk about for a lifetime.

WHO WILL I MEET ON THE TRIP?

Enjoy stories and history straight from the artisans, farmers, and families that call Italy home. We visit our friends - retired nonnas (grandmothers), shopkeepers, chefs, and more. What makes us unique is our relationships that extend beyond tourism. With our local friends we host a handful of trips each year that give a peek into real life in Italy. Think of this trip like a 9-day dinner party with new friends.



what to do now?

HOW TO BOOK

Ready to book?

Visit [our website](#) to secure your seat at the table with a deposit and select which dates you would like to travel with us.

Have more questions?

Schedule a no-obligation [phone call](#) with a tour host to ask questions about the trip or check out our [frequently asked questions](#).

How does the 24-hour refund policy work?

We know plans change. Travelers have a 24-hour period upon paying their deposit to request a refund with full reimbursement to the original payment method.

Do I need travel protection?

YES! [Travel protection](#) is extremely important and we recommend that all travelers procure what is suitable for the risk they are willing to assume. Our preferred provider is [Travel Insured](#) which has over 25 years in the travel protection industry.

